

A group of skiers is seen from behind, ascending a wide, snow-covered mountain slope. The sun is low on the horizon, creating a warm, golden glow and long shadows. The sky is filled with soft, wispy clouds. In the distance, a range of jagged, snow-capped mountains is visible. A few bare, snow-laden trees stand on the right side of the slope. The skiers are wearing dark winter gear and using poles for balance as they climb.

AOSTA VALLEY

Itinerary of ski touring

by Sergio Enrico

CD -ROM:

- 61 itinerary
- 30 itinerary with 1.500 fotografies

Editrice Pramotton

The idea

In the last few years ski tourism has considerably increased the number of its passionate, and this has caused on some routes a considerable crowd, which has caused the loss of a fundamental characteristic of ski tourism: the ascent in solitude following the track.

In order to help those who do not know very well our Region to find different itineraries, I have thought to prepare this publication with the aim of allowing many people to frequent some less-known spots in the Aosta Valley.

In Aosta Valley ski tourism can be carried on for a very long period, from the first snowfalls around November time, up to June.

The chosen itineraries are all quite simple, fit also for those who are not great skiers.

In the choice of the itineraries it has been privileged the environmental aspect instead of the exclusively skiing one.

At first we thought to propose a book, to which we would have enclosed a CD-ROM. But, as our work was in progress, we thought to move our attention more onto the CD-ROM than the paper side.

This choice, if on one hand may limit the diffusion through some people, on the other hand has let us create such a modern product, launched towards the future.

Those who do not use a personal computer yet will always have the possibility of having a copie printed by a friend.

This has allowed us to increase substantially the inserted photos and to have the publication at our disposal in four languages: Italian, French, English and German.

The description of the itinerary is often not so simple: to improve it and, I hope, to succeed in showing off its beauty, thirty itineraries have been better illustrated with some photos representing the characteristic points of the ascent.

The conditions of mountain skiing itinerary change very often: particularly for those who do not live in the Aosta Valley it's difficult to know the precise conditions.

For this reason are very useful those sites where single users freely describe the conditions found during excursions: for our Valley in particular www.gulliver.it.

To allow the update in real time, we want to create an appropriate site (www.scialpvda.it), where it'll be periodically indicated the conditions of all the published itineraries.

The access to the site will be possible only upon the inscription, by using the appropriate password connected with the code of the publication.

The publication on CD-ROM contains:

- 61 itineraries with a descriptive photo and a map of the route
- among all of them, 30 photographic itineraries for a total of 1.500 photos and more
- refuges and bivouacs resorted during the itineraries.
- Internet sites concerning ski tourism in Aosta Valley.

Using a technological instrument allows different functionality, not possible with an exclusively and ordinary paper publication:

- search of the itineraries according to the various classifications (difficulty, difference in level, best period, orientation, etc.)
- vision on the cartography of the Aosta Valley of the single itinerary
- possibility of searching the itineraries from the map of the Aosta Valley
- print of the page of the excursion with photo and synthetic map of the route.

List of the itineraries

The itineraries inserted in the publication are:

1	LA CRESSA	Lys Valley	
2	MONTE PIETRA BIANCA - MARMONTANA	Lys Valley	Itin. photo
3	PUNTA LAZONEY	Lys Valley	
4	VALLE PERDUTA - Altitude 3220	Lys Valley	Itin. photo
5	PIRAMIDE VINCENT	Lys Valley	
6	PUNTA GARDA	Ayas Valley	Itin. photo
7	COSTA PILLONET	Ayas Valley	
8	COSTA CHATEAUX	Ayas Valley	Itin. photo
9	PALON DI RESY	Ayas Valley	Itin. photo
10	RIFUGIO MEZZALAMA	Ayas Valley	Itin. photo
11	COSTA CHAMPLONG	Valtournenche	Itin. photo
12	MONT MEABE' - Altitude 2556	Valtournenche	Itin. photo
13	DOME DE TZAN	Valtournenche	Itin. photo
14	BECCA TRECARE	Valtournenche	
15	MOTTA DE PLETE' (West Point)	Valtournenche	
16	FURGGEN	Valtournenche	
17	MONTE MIRACOLO	Saint-Barthelemy Valley	
18	COL FOUILLOU	Valpelline	
19	COL DI SAINT-BARTHELEMY	Valpelline	
20	BIV. DELLA SASSA	Valpelline	
21	MONT GELE'	Ollomont Valley	
22	GRAN TETE DE BY	Ollomont Valley	
23	LA TSA	Grand Saint Bernard Valley	Itin. photo
24	MONT LABIEZ	Grand Saint Bernard Valley	Itin. photo
25	GRAN TESTA	Grand Saint Bernard Valley	Itin. photo
26	MONT SARON	Grand Saint Bernard Valley	
27	COL DEL GRAN SAN BERNARDO	Grand Saint Bernard Valley	Itin. photo
28	TOUR DE FONTEINTE	Grand Saint Bernard Valley	Itin. photo
29	TOUR DELLA COSTA SERENA	Grand Saint Bernard Valley	Itin. photo
30	COL MALATRA'	Ferret and Veny Valleys	
31	MONT BELLECOMBE	Ferret and Veny Valleys	Itin. photo
32	PETIT GRAPILLON	Ferret and Veny Valleys	
33	BELLA VALLETTA (Petit St. Bernard)	Petit Saint Bernard Valley	
34	TOUR DEL RUTOR	Valgrisenche	Itin. photo
35	COL DE LA SACHERE	Valgrisenche	
36	MONT FORCIAZ	Valgrisenche	Itin. photo
37	BECCA DI GIASSON - TRUC BLANC	Valgrisenche	Itin. photo
38	TESTA DI SORT	Rhêmes Valley	
39	PUNTA PALETTA	Rhêmes Valley	
40	COL SUD DELL' HERBETET	Valsavarenche	Itin. photo

41	BIVACCO SBERNA	Valsavarenche	Itin. photo
42	COL DEL TRAJO	Cogne Valley	
43	GRAN SERTZ	Cogne Valley	
44	MONTE DELLA CROCE	Central Valley - over Aosta	
45	CRETON DU MIDI- Altitude 2785	Central Valley - over Aosta	
46	PUNTA FELITA	Central Valley - over Aosta	Itin. photo
47	MONTE AOUILLETTA (da Ovest)	Central Valley - over Aosta	Itin. photo
48	BECCA FRANCE	Central Valley - over Aosta	Itin. photo
49	MONT D'ARSY	Central Valley - over Aosta	Itin. photo
50	POINTE DES METZ	Central Valley - over Aosta	Itin. photo
51	PUNTA DI MONTPERS	Central Valley - over Aosta	Itin. photo
52	MONT MARY	Central Valley - before Aosta	
53	CROCE DI FANA	Central Valley - before Aosta	Itin. photo
54	GRAN PAYS	Central Valley - before Aosta	Itin. photo
55	MONT IVERTA	Champorcher Valley	
56	MONTE MARZO	Champorcher Valley	
57	TETE DES HOMMES	Champorcher Valley	
58	MONT TORS	Champorcher Valley	
59	GRAN ROSSA - Altitude 2792	Champorcher Valley	Itin. photo
60	BEC COSTAZA	Champorcher Valley	
61	MONTE RASCIAS	Champorcher Valley	